

Find More Margin for Writing:



Go on a screen fast.
Use 'Do Not Disturb'.



Order groceries online and
schedule a pickup.



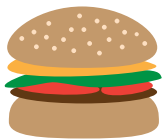
Combine errands. Record ideas
while you wait.



Use time blocking.
Set a timer!



Write between episodes.
(Better yet, limit episodes!)



Plan your meals for the week.
Stop the "What's for dinner?" game.



Use voice-to-text to dictate ideas
or even your rough draft.